

Downtown Deli

58 Grafton Street
Charlottetown, Prince Edward Island

phone: 902-566-5651

hours: Monday - Friday 11am - 6pm, Saturday 11am - 5pm

The Beginnings

ALL SALADS SERVED WITH A SESAME BREAD STICK ADD CHICKEN \$3

:: **BERRY BLAST** - AN ARRAY OF FRESH PEI BERRIES TOPPED WITH ROASTED ALMONDS AND CRANBERRY GOAT CHEESE SERVED WITH GINGER POMEGRANITE DRESSING ____ \$7.00

:: **CLASSIC GARDEN** - CRISP VEGGIES SERVED WITH MAPLE BALSAMIC VINAIGRETTE ____ \$3.00 & \$6.00

:: **SUMMER GREENS** - CANDIED SOYA nuts, DRIED CRANBERRIES, AND CRISP VEGGIES SERVED WITH GINGER POMEGRANITE DRESSING ____ \$5.00 & \$7.00

:: **CAESAR** - ROMAINE TOSSED WITH PEPPER BACON, HANDCUT ROSEMARY AND OLIVE OIL CROUTONS, SHREDDED ASIAGO. FINISHED WITH A CREAMY LEMON AND ROASTED GARLIC DRESSING. ____ \$4.00 & \$7.00

:: **FIREROASTED VEGETABLE** - TOMATO, ZUCCHINI, ASPARAGUS, RED ONION, CARROT, RED PEPPER AND MUSHROOMS TOPPED WITH WARMED GOAT CHEESE AND BALSAMIC VINAIGRETTE ____ \$8.00

:: **ANTIPASTOS** - CHECK OUT OUR SHOWCASE AND CHOOSE YOUR FAVORITE ANTIPASTOS FROM TODAY'S SELECTIONS ____ 1 for \$7.00 or 2 for \$12.00

:: **SOUPS** - MADE IN HOUSE DAILY USING OUR FRESHEST INGREDIENTS. ASK YOUR SERVER FOR TODAY'S CREATIONS ____ Cup \$3 Bowl \$6

THE CARB CRAVINGS

ALL OF OUR SANDWICHES ARE SERVED ON YOUR CHOICE OF ROSEMARY FOCACCIA, WHOLE WHEAT BAGUETTE OR WRAP WITH HOUSE GARDEN SALAD / UPGRADE TO CAESAR, GREEK, or SOUP for \$2

:: **GRILLED CHICKEN AND CRANBERRY** - TOPPED WITH ALFALFA, GREENS AND BRIE ____ \$8.00

:: **LOBSTER AND DILL** - FRESH LEMON ZEST, CRACKED BLACK PEPPER AND GREENS ____ \$12.00

:: **CURRIED CHICKEN** - TOASTED ALMONDS, HONEY MUSTARD, SHREDDED CARROT, TOMATO, GREENS AND HAVARTI ____ \$7.00

:: **GOURMET TUNA** - FOLDED WITH LEMON MAYO AND FRESH DILL TOPPED WITH SWEET RED ONION, GREENS AND CANADIAN CHEDDAR ____ \$7.00

:: **SPICED ROAST BEEF AND SWISS** - RED ONION, HORSERADISH MAYO AND GREENS ____ \$8.00

:: **PEPPERCORN TURKEY AND PROVOLONE** - TOPPED WITH TOMATO, CUCUMBER, GREENS AND RED PEPPER CHUTNEY ____ \$7.00

:: **BLACK FOREST HAM AND SWISS** - GREENS, RED ONION, GRAINY MUSTARD AND GREENS ____ \$8.00

:: **FIREROASTED VEGETABLE** - TOMATO, ZUCCHINI, RED ONION, RED PEPPERS, MUSHROOMS, ALFALFA AND GREENS TOPPED WITH BASIL PESTO AND HAVARTI ____ \$6.00

:: **GARDEN VEGGIE AND BRIE** - TOMATO, CUCUMBER, RED PEPPERS, RED ONIONS, ALFALFA AND GREENS TOPPED WITH BASIL MAYO ____ \$6.00

:: **Original MONTREAL SMOKED MEAT ON LIGHT RYE BREAD** - Sandwiches are available on gluten free bread for \$2 extra . Please advice Staff before ordering if you require gluten free bread or if you have any other food allergies ____ \$10.00

THE MAINS (PIZZA)

:: **GOURMET PIZZA** - ALL OF OUR GOURMET PIZZAS ARE SERVED ON OUR HOUSEMADE HONEY WHOLE WHEAT CRUST ____ 9" - \$10 12" - \$13 16" - \$17

:: **ALL DRESSED UP** - CARAMELIZED MUSHROOMS, PEPPER BACON, SWEET ONIONS, MASCARPONE, ASIAGO DRIZZLED WITH BASIL INFUSED OLIVE OIL ____ 9" - \$10 12" - \$13 16" - \$17

:: **NIGHT ON THE TOWN** - BOCCONCINI, TOMATOES, ASIAGO, HERBED MOZZARELLA, HOUSEMADE FIREROASTED TOMATO SAUCE, DRIZZLED WITH BASIL INFUSED OLIVE OIL ____ 9" - \$10 12" - \$13 16" - \$17

:: **FEED THE HUNGER** - A SELECTION OF HAND CUT MEATS TOPPED WITH HERBED MOZZARELLA ____ 9" - \$10 12" - \$13 16" - \$17

:: **BASIL LOVERS** - GRILLED CHICKEN, TOMATOES, RED PEPPERS, and BASIL PESTO TOPPED WITH HERBED MOZZARELLA AND GOAT CHEESE ____ 9" - \$10 12" - \$13 16" - \$17

MEDITERRANEAN CUISINE

Served with side garden salad Upgrade to Greek or Caesar Salad for \$2

:: **Chicken Shawarma** - SANDWICH (MARINATED CHICKEN) ____ \$7.00

:: **DONAIR** - SANDWICH ____ \$6.00

:: **Falafel** - SANDWICH (CRUSHED CHICKPEAS) ____ \$6.00

:: **Tabouleh** - TRADITIONAL LEBANESE SALAD ____ \$5.00

:: **Fatoush** - Lebanese salad / baked bread ____ \$5.00

:: **Baklawa** - Filled Sweet Pastry ____ \$1.50 each

:: **Hummus** - Blended Chickpea Dip ____ \$4.00

- :: **Cabbage Rolls** - *Stuffed Cabbage* ____ \$3.00
- :: **Baked Kibbie** - *Layered Beef Stuffing* ____ \$3.00 a slice
- :: **Spinach or Meat Fatayer** - ____ \$2.50 each
- :: **Rice and meat** - ____ \$3.00
- :: **Grape Leaves Vegetarian** - ____ \$1.50

JUST DESSERTS

ALL OF OUR DESSERTS ARE MADE FROM SCRATCH All deserts are \$5

- :: **HOUSEMADE CHEESECAKE** - *ASK YOUR SERVER FOR TODAY'S CREATION*
- :: **CARROT CAKE** - *FOLDED WITH FRESH PINEAPPLE AND WALNUTS TOPPED WITH CREAM CHEESE ICING*
- :: **CHOCOLATE STRAWBERRY SHORTCAKE** - *A TWIST ON AN OLD FAVORITE. PEI STRAWBERRIES PILED HIGH ON A HOMEMADE BUTTERMILK BISCUIT, TOPPED WITH OUR HOUSEMADE VANILLA BEAN ICE CREAM AND DRIZZLED WITH MILK CHOCOLATE GANACHE*

DRINKS

- :: **GROUND GOURMET COFFEE** - ____ \$1.50
- :: **TEA** - ____ \$1.50
- :: **LEBANESE COFFEE** - ____ \$2.00
- :: **ASSORTED POP AND JUICE** - ____ \$1.50 - \$2.00

DOWNTOWN DELI CATERING MENU

- :: **CRISP GARDEN VEGETABLE TRAY** - *AN ASSORTMENT OF FRESH PRINCE EDWARD ISLAND VEGETABLES SERVED WITH HOUSEMADE PEPPERCORN RANCH DRESSING* ____ 12" (6-8ppl) \$20 - 16" (10-12ppl) \$30
- :: **SUN RIPENED FRUIT TRAY** - *A SWEET ARRAY OF FRESH PRINCE EDWARD ISLAND FRUITS SERVED WITH A HONEY MASCARPONE CREAM* ____ 12" (6-8ppl) \$25 - 16" (10-12ppl) \$35
- :: **AROUND THE WORLD CHEESE BOARD** - *AN ASSORTMENT OF CHEESES FROM AROUND THE GLOBE SERVED WITH CRUSTY BREADS AND HOUSEMADE ROASTED GARLIC BUTTER* ____ 12"(10-12ppl) \$35 - 16"(14-18ppl) \$45
- :: **DELI BOARD** - *A COMBINATION OF SUCCULENT DELI MEATS SERVED WITH SWEET PICKLES* ____ 12"(10-12ppl) \$30 - 16"(14-18ppl) \$45
- :: **THE SAMPLER** - *CRAVING A SAMPLE FROM ALL OF OUR AVAILABLE TRAYS? WE CAN PROVIDE A DELICIOUS SPREAD OF FRUIT, VEGGIES, CHEESES AND DELI MEATS TO SATISFY EVERYONE. (AVAILALBE IN 16" ONLY)* ____ \$55.00
- :: **CARB CRAVING** - *OUR MENU SANDWICHES, SERVED ON OUR IN HOUSE BREADS, TOPPED WITH FRESH VEGETABLES. (GLUTEN FREE BREAD IS AVAILABLE UPON REQUEST, PLEASE ASK FOR DETAILS AND PRICING)(AVAILALBE IN 16" ONLY)* ____ \$50.00
- :: **THE DOWNTOWN DELIGHT** - *INDIVIDUALLY BOXED LUNCHESES. INCLUDES YOUR CHOICE OF SANDWICH, SIDE, BEVERAGE AND OF COURSE HOUSE MADE DESSERT OF THE DAY* ____ \$14.00
- :: **HOUSEMADE SOUPS** - *ALL SOUPS ARE MADE FROM SCRATCH USING IN HOUSE INGREDIENTS. PLEASE ASK FOR OUR DAILY CREATIONS.* ____ \$5.00